

## SANDAN TEST SHEET

(600 days)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Hours Practiced: \_\_\_\_\_

CAF #: \_\_\_\_\_

Sensei: \_\_\_\_\_

Pass/Fail: \_\_\_\_\_

### **NOTES:**

1. All class requirements are minimum times.
2. Class requirements are from the previous test.
3. Be prepared as both Nage and Uke.
4. Show Omote and Ura where appropriate.
5. For each new test all previous techniques may be required.
6. Not all techniques will necessarily be called-for on any given test.

### **TECHNIQUES:**

All previous requirements

Further requirements as determined by the examiner(s)

Test Fee \_\_\_\_\_